| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\square$ assign chores | $\square$ laundry $\square$ master bathroom | $\square$ laundry $\square$ master bedroom | $\square$ laundry | $\square$ laundry | $\square$ grade school work | make weekly menu and shopping list |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| $\square$ change sheets on beds | $\square$ dust baseboards | $\square$ dust ceiling fans (living \& dining) | dust ceiling fans (bedrooms) | $\square$ wipe off smudges from walls | $\square$ dust blinds | $\square$ catch up laundry $\square$ wash trash cans |
| $\square$ do yard work | $\square$ clean oven | $\square$ clean inside fridge | $\square$ clean inside microwave | $\square$ clean microwave stove vents | $\square$ dust cobwebs | $\square$ catch up laundry $\square$ clean door handles |
| $\square$ organize files | $\square$ wash light switches and plates | $\square$ sweep \& clean off front/back door | wipe cabinet door fronts (all rooms) | $\square$ clean carpet spots | $\square$ vacuum couches | $\square$ catch up laundry $\square$ wash \& vacuum car |
| $\square$ clean washer \& dryer | wipe dust from door jambs \& hinges | $\square$ clean bathroom light fixtures | $\square$ clean window sills | $\square$ dust bedrooms | $\square$ clean fronts of appliances | $\square$ catch up laundry |

